

EARTH CHANGES – Yes it Does!

A PEACE MANIFESTO - Bringing Sanity to a World Gone Crazy, or

The Only Book You Will Ever Really Need on Earth Changes, Ascension and DNA, 2012, Shifting Dimensions, ET's and the Birth of a New Earth

Preface

“As the mind is made intelligent, the capacity of the Soul for pure enjoyment is proportionately increased” Lew Wallace

This is a simple book. It is not intended as an academic work. Rather, it is intended to give the reader just enough information to feel at Peace with all of the tremendous changes taking place on Planet Earth and within each of us here and now. There are many works by many experts who can elucidate the topics herein with much more detail and finesse. You may want to follow up what is herein with them. I have included many references for that purpose. Or you may find that you really don't need much more 'data' to truly live and thrive in the Moment. You are encouraged to follow your curiosity and learn as much as you feel you need to know. What the author has presented is a synthesis or compendium of what others have already brought forward, but combined in such a manner as to create a panoramic overview of this Time of Shift. His overview is intended to help the reader appreciate that a Grand Harmonic Plan is unfolding on Earth at this time. Chaos Theory proposes that 'Out of every apparently chaotic event a pattern emerges and a higher order is revealed, given enough perspective'. Allow this little book to stretch the horizons of your mind to see beyond the immediate issues and concerns of a world about to recreate itself in reflection of a transformed Humanity. You are in this process now. You may as well become an informed traveler!

The views and ideas in the book represent a compilation of the work of many scholars, authors and experts. I have attempted to credit as many of these as I could. All of this information, however, only represents the 'best guesses' of any of these experts, as the map to the Future has many

possible paths. One of the key outcomes of this Shift of the Ages is to be in our re-definition of Time, and our appreciation of the role of the mind and its decisions in creating reality. This book is in NO WAY intended to activate 'survivalist paranoia'...feeding fear is not an option if we wish to manifest the optimal outcome. We are present to the birthing of a New World and a New Humanity, 'Homo Luminous' as the Incan elders have said, and birthings can be unpredictable!

Some of this information may seem incredible. Accept that mainstream media and culture in general has a huge investment in denial and 'business as usual'. Do not look to a dysfunctional system to explain itself. Some of this information may be dangerous or upsetting to your culturally inherited and unexamined belief systems. My only advice is to consider: if your belief system can be shaken, is it that reliable or is it even real? You may of course elect to regard everything herein as fantasy and entertainment, which is fine. I will not be offended. I have absolute trust that all Truth is self-evident...eventually and inevitably. Truth stands perfectly unified and harmonized with All That Is. What is not Truth never was.

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HELLO, AND WELCOME TO YOUR WORLD...

This is a book mainly about Planetary Changes...not only physical Earth changes, but the accompanying personal and social changes. I am well aware that there is a tendency for this kind of information to foster fear...which is by no means the intention of the book. Let's take a closer look at fear, as the only way to go beyond something is to first see it clearly for what it is and where it comes from, and then go beyond it. The other choice is the 'ostrich' approach and all that gets you is a dirty head! The fear this kind of discussion can bring up is rooted first in our physical body's survival programming. Some anthropologists say the ego evolved primarily out of the need to survive in a threatening environment, and it still largely operates in this mode. I would say there are definitely other aspects to the ego, but that physical survival as an aspect of body identification is definitely one of its prime concerns. There are also deeper fears which this discussion on sudden change can trigger linked to the recent memory of wars, including the 'Cold War', 'World Wars 1 & 2' and a recent history generally rife with violent human conflict. Although modern North Americans have been largely insulated from the direct experience of Wars due to our tendency to export them, our parents and the generations before knew all too well the insecurity and trauma that human cruelty can unleash. This was among my first impressions of Europe when I first visited years ago, as I could literally feel the pain, anguish and emotional fatigue in the land and in the faces of people I met there, especially in certain regions with a history of recent conflict.

Barbara Hand Clow wrote of another, deeper fear factor in the modern psyche. She reveals a phenomenon she calls 'Catastrophobia'; the title of one of her many fascinating books (Clow, Barbara, *Catastrophobia: the Truth Behind Earth Changes and the Coming Age of Light*, Bear & Co., 2001) In this book, Ms. Clow writes of the presence of a deep cellular memory we all carry of prior global catastrophe, possibly occurring many times but more specifically just before the beginning of recorded history, around 9,500 BC. Free-thinking archeologists and anthropologists, like Graham Hancock, (Hancock, G and Faiia, S, *Heavens' Mirror: Quest for the Lost Civilization*, Doubleday Canada 1998) have brought forth clear

evidence of an advanced global civilization practically wiped off the planet around this time. Mainstream science recognizes this time period as the end of the last Major Ice Age and a global rise in ocean levels. And of course we have the common 'myths' of practically every known culture of a global deluge occurring somewhere back in the mists of pre history.

The memory of Catastrophobia is not, however, a conscious memory. It is buried deep within the data banks of our DNA. I will be discussing what we now know about the nature of DNA later, but suffice to say it is not simply a static blueprint for making bodies. It involves highly sophisticated memory storage and transfer capabilities; literally a cosmic library of all of Life's experiences from the very beginning.

So there are many reasons why thinking about these subjects could bring up some fears. The trouble with fear, though, is that it limits your options, creating a kind of tunnel vision. We then tend to revert to the known or past conditioning and our ability to respond creatively is cut off. Isn't this exactly what we see on the world scene, as our so-called 'leaders' often seem to repeat the same old knee-jerk reactions to challenges rather than get a little creative? Fear dictates the future will repeat the past. Fear is the 'box' we need desperately to think outside of!

As you will soon find out, the Bigger Picture here (and there is *always* a Bigger Picture!) is fantastic beyond what you or I could imagine! The temporary chaos we may perceive or experience in time is giving way the birth of a whole new way of Life. At the risk of using a tired analogy, it's like the pain of childbirth soon forgotten with the joy of New Life.

So I encourage you, dear reader, to 'ride out' your fears. You can do this in part by acknowledging that anything you can observe in yourself, including feelings like fear, are not what is doing the observing. Your 'Inner Observer' is actually not fazed at all by any of life's events. It sits in a silent, eternal place within with a slight smile of amusement at the drama in our personal movie. The Zen Buddhists call this aspect 'Big Mind'. You might call it your 'Higher Self' or 'Spirit' among other possible terms. Trouble is, many of us today are disconnected from that part of our self, and so take the first

impression of an event, like fear, as 'who we are'. We re-enact based on past conditioning over and over. It is my wish that you try and take an open, playful approach to all of the information in this book, so it becomes a 're-creation' fostering creative responses and insights rather than feeding more 're-acting'.

I also want to mention that many of the facts I will be discussing may or may not have solid 'scientific' validation or may simply reflect opinions or points of view. I struggled at first with this possibility, but decided "so what"! Most of my experiences in life do not carry the stamp of scientific validation or peer review. If I went through life with a 'double blind' attitude to everything, I just might end up doubly blind! This book is not written for those who want to argue 'facts'. As it turns out, the 'facts' are always a reflection of perception, which, as we shall find out, is an unreliable roadmap of reality. I have learned that the motivation for a question is more important than the question. A question always stems from an assumption, which stems from a past perception, and perception is always partial and incomplete.

As I was once being grilled by a group of retired scientists when I was explaining some new applications of Quantum Physics, I realized the room was one half skeptics and one half cynics. The skeptics were cool. They were open enough that if I could provide them with satisfying arguments as to my position, they would concede to the new information as possibly true. The cynics, though, had an attitude of 'my mind is made up; don't confuse me with anything that contradicts the facts as I see them!' Theirs was more of an emotional clinging to a world view to which they had invested the best part of their lives, and they weren't about to toss away a big part of their identity to entertain somebody's 'pseudo-scientific' fantasies.

So to the honest skeptics I say, you will be rewarded, even if it's just that you allow for the possibility of a different point of view. To the cynics, I suggest you return this book, unless you really enjoy frustration! The ego does get a charge out of conflict. So, whatever turns you on! I will, of course, reference as much of this material as I can.

I must acknowledge the influence of my mentors in this process of understanding this time in history, in addition to Ms. Clow. These would include Ken Carey, Barbara Marciniak, William Gammill, Zecharia Sitchin, Carl Calleman, Gary Renard, Ken Wapnick, Brent Haskell and the Author of A Course in Miracles, among others too numerous to mention. Thank you all.

Most people I talk to today are feeling the sense of a Planetary Shift, betrayed by statements like, "I can't believe how fast things are manifesting in my Life" and "I'm sure noticing my 'stuff' coming up...even issues I thought were done with are coming up again". And of course there's the growing awareness that decisions on the planet supporting war, environmental abuse and the ignoring of basic human rights are coming from an antiquated, decrepit mind set based in the values of the lowest aspects of human nature, seemingly hell-bent on destroying us all. What has been hidden 'under the table' for millennia and motivated by fear, greed and the need to control is now being exposed as never before.

Too many vectors are converging now with too much change immanent for a 'business as usual approach' to be relevant any more. We have crisis' in economics, world resources, pollution, food degradation, pharmaceutical and medical abuse, terrorism and media madness, nuclear arms, unsafe nuclear power, and an out of control 'world management team' operating on an obsolete and self-destructive set of instructions.

In other words, 'something's got to give', or we're all out of here! This is something everyone in every academic discipline can agree on. The joyful life force within me is going for the first choice...something's going to give, and it is bringing something wonderful, because it is an expression of unconditional, creative and benevolent Love; the only True Reality!

It is with this confidence and anticipation of a complete Planetary Healing that I present this work to you. I firmly believe, no, know, that we all will make it sooner or later. Why not sooner? Our only choice is in how long we want to stay asleep and in how long do we want to suffer.

INTRODUCTION

“Great men are they who see that the Spiritual is stronger than any material force; that thoughts rule the world” Emerson

Al Gore recently put out a movie called ‘An Inconvenient Truth’. I liked it. It was well done and Al has a ring of sincerity to him. I also felt a little guilty for being a part of the problem. Yes, I benefit from driving my car, I like the availability of groceries delivered by an armada of diesel-guzzling transports and the material benefits of living in a modern technological society certainly has its attractions.

But when I looked at this data in light of what’s going on in the Bigger Picture, Al’s message began to ring hollow. Human contribution notwithstanding, what is happening on the Earth is also happening on Venus, Mars, and Jupiter...the entire Solar System. This is because these changes are primarily associated with changes within our Sun. The Sun, however, is beyond anybody’s control. Ancient cultures knew about these potentially disruptive but completely natural cycles, and maybe the ‘powers that be’ today know, too. ‘Control’ is the operative word for ‘the management team’ on Planet Earth. The exclusive focus on the human contribution to global warming is a good example of the classic ‘red herring’ technique. It’s simply saying, “Look here, look here, don’t look there!” If the general population were to know of the Bigger Picture, it would leave no choice but to switch our attention from ‘business as usual’ and start to understand and cooperate with what Nature is doing. The ego, which is root cause of the world’s insanity, however, is programmed to survive in a hostile environment, even at the cost of that environment and its host! Modern western culture has epitomized this insane dichotomy in its ‘war on nature’, played out as the thoughtless ‘harvesting’ of natural resources and mindless pollution of our own and only earthly home.

Traditional cultures did not necessarily institutionalize the ego to the same degree. Most remnants of pre-industrialized cultures remaining today are intimately tied to the natural world. As an example, I heard that during the recent Tsunami in Indonesia, one small ‘stone-age’ tribe got up and moved

to higher ground, completely surviving the tragedy. How did they do this? They were listening to the voices of nature, or their own inner voices, likely not distracted by their iPods or CNN.

But yes, humans are a part of Nature, not apart from Nature. The very distribution and proportion of chemicals in our bodies is a holographic representation of the same elements and compounds found in the Earth. The very air we breathe is a gift of the plant kingdom. Space science is discovering that Astronauts cannot survive without replicating earth's gravity and electromagnetic signature, the Schuman Wave, in their artificial environments. As we shall see, this 'divorce from Nature' is a relatively modern twist, associated with the rise of the patriarchal ruling classes personifying the 'wounded male' archetype.

Many ancient societies recognized the Sun as the captain of Nature. We now know that the very light coming to us from the Sun is the primary nutrient of all Life on Earth. Certain yogic practices involve staring at the rising and setting sun and receiving all of one's nutrition in this primordial form. Please don't try this without proper guidance and preparation! The 'Breatharian' phenomenon is another example of people tuning directly into the basic elements of Nature for sustenance.

How did we, in the modern west at least, get so out of touch with Nature? A big part of it had to do, as noted, with the rise of patriarchal societies, I believe, with a direct tie-in into controlling groups or energies not of this world (more on that later!). It appears many pre-historic (9,500 BC and earlier) civilizations were matriarchal rather than patriarchal in structure. These societies were more based on agriculture and domestication of animals rather than on hunting and gathering. They worshipped the Divine Mother, or Goddess figure who represented the fertile and life-sustaining, and sometimes destructive, forces of Nature.

In a way, a matriarchal society makes more sense biologically, as the female is the basic human template. Geneticists tell us that males are an altered form of the basic human genetic plan, indicating males are a 'second opinion' of Nature (sorry, guys!). Males are the 'bees', but females

are the 'flowers' that sustain, nurture and replenish us all. And when you look at the boards of directors of the current military-industrial-congressional complex, do you see many women? Nope! It's the same 'old boys club' who has been wreaking havoc and waging war on this planet for eons now, over the same sand-box dramas of 'more for me' and 'that's mine, you can't have it', or 'I'm the King of the castle, you're a dirty rascal'!

By the way, my inclusion of 'congressional', in this boy's club description was a term included in Eisenhower's famous warning about this group that he gave upon his stepping down as President in 1961. You can hear his warning speech in the opening frames of the movie 'JFK'. He was 'convinced' to leave the congress out of the unholy trinity of those who had usurped democracy, in his view. It turns out both Lincoln and JFK, who both ran afoul of this group, had many 'uncanny' similarities to each other in their life paths, not the least of which was they were both planning to replace the privately-owned Federal Reserve system with a truly federally controlled monetary system. Oops! 'Not in my sand box, you don't!'

Once you learn more about the Bigger Picture, you will be in a position to make some educated choices. I suppose the main choice is whether to completely ignore everything you read here, which actually won't work, because it's impossible to go back once your awareness has been opened to a new possibility. Sorry...well, no, I'm not. Or, the other choice being to decide to appreciate, cooperate and celebrate what Nature is trying to accomplish here. Let me say, what nature *will* accomplish here, as the completion of this project is assured. What is not assured, and rests on *you*, is what role you will be playing in this historic transition and how you will experience it. In the case of the 'Shift of the Ages', we no longer have the intellectual luxury of debating theory or arguing over opinion, as Global Changes are literally in our face. You still have free will...sort of. Our free will is the kind that creative parents give their teenage kids; "You have a choice, you can cut the grass or tidy your room. You're totally free to choose within the context of a pre-determined Reality!"

In one of my past lives as a youth counselor, I often would use another notion of free will to diffuse the 'victim role'. After hearing a litany of

suffering, most of which would be psychological as is most of human suffering, I would ask, 'Let's play pretend...what if you chose your parents, your family and upbringing, and all the circumstances of your life? How would that change how you feel about this (these) problems?'

Silence..."Well I guess there would be no one to blame, eh?" Bingo!

The next step would be in realizing that "I am totally responsible for all my experiences, and I have the creative ability to choose how I will experience them from now on".

One of the ways we will be looking at this period of change is through the lens of the Mayan Calendar. The calendar describes how Life has evolved from very rudimentary stages to higher and higher levels of organization and sophistication. At one point, we did well to know we existed as individual organisms. Then came our awareness of ourselves as part of something bigger; a family, a tribe, a nation, a planet, and, eventually, citizens of the Galaxy and Universe. That's where we are at now, at the time of this writing (2009). Each shift or expansion in the progression of time required a change in our frame of self-reference. We had to reinvent ourselves to fit a more cooperative whole. An essential aspect of this growth throughout history has been the willingness to chuck out the 'old paradigm' and allow the New Paradigm to manifest unrestricted, without knowing necessarily what the New Paradigm entails. We, as a species, have had to 'jump off the cliff into thin air' many times before. Well, that process is continuing right now, as the 'plan' calls for us to stop fighting among ourselves and join the Galactic neighborhood. They've actually been very patient with us, waiting for us to get over our dysfunctions and join the greater community. Hang in there, neighbors, we're almost ready!

Personally, I think it is a whole lot more fun and a lot less work to learn and cooperate, than resist and deny. Denial as a psychological defense is hard work. It requires energy, vigilance and focus. Especially as evidence for what you are denying continues to mount more and more each day, week, month and year. Then you have to work really hard to pretend 'it can't happen here'. Nothing will take away your freedom to choose, however, so if you want to put your head in the sand, don't forget a snorkel!

This freedom of choice extends to everything you read in this book, too. You don't have to take my word for anything. For some of you, this may read more like an amusing bedtime story, and that's just fine. I might suspect though, that if that is what you tell yourself, but you keep reading anyway, it will be because a part of you knows it's all absolutely true, but you don't trust the source or your Inner Voice just yet. Let me let you in on a secret...all you can ever experience is yourself! Anything you read that 'feels' right to you is because a memory or deep knowing already in you is awakening. Remember the 'DNA' Book of Life? There's nothing in my DNA memory banks that is not in yours, well maybe some incidental stuff from along the way, but scientists have validated *all* humans of all time frames, skin shades and blood types came from *one single female ancestor* out of Africa; the 'mitochondrial Eve'. So we are all in this boat together with basically the same set of instructions!

In the esoteric literature, spiritual learning usually involves a removal of the 'veils' of illusion, false beliefs and assumptions to allow the natural remembering of what is hidden in our cells, hearts and minds. The Hindus call this process, 'Neti, Neti,' or 'Not this, not that'. The inherent wisdom and 'knowledge without learning' which is revealed in this unlearning is your birthright. Who you are as a Divine Creation is recorded there. Remembering and finding out is the great adventure.

Let's look at some reasons why we want to become informed of the kind of topics in this book. First, because the changes everyone is talking about are real. Measurable and dramatic changes have taken place on our Sun, particularly the massive weakening of the Sun's magnetic field since 1999, as reported by NASA in that year. This was the year of 'El Nino' hitting the headlines, and the beginning of annually escalating global weather events ever since. How many 'storms of the century' have we had in North America alone in the last 7 or 8 years? Earthquake activity, polar ice cap melting, crop losses, brutal winters, killer hurricanes, droughts, floods and fires...all of these and more have become almost weekly events. There's even enough concern to create a 'Weather Channel' on TV. Who could've imaged twenty years ago the weather would be more than just a topic of idle chatter?

Secondly, the changes we are discussing have already, and will continue to impact us not only personally, but as families, communities, nations and as a global community. We will either be pulled together into higher levels of cooperation with Nature and each other, or be driven into egoic modes of desperation, clinging to what is 'mine' in the face of losing it all!

Third, and most positively, these changes present a momentous opportunity to reinvent ourselves to live in a 'post-shift' world where the parameters of living will (have to be) much different than they are now. We'll get into some of the more concrete possibilities later, but suffice to say that 'life is change', and boy, are we going to know we are alive! Like everything Nature does, she has a plan in mind...in this case undoing the damage and damaging beliefs of thousands of years of control and limitation. It's like she's fed up and is saying 'enough is enough...let's get on with Joy, Love and Creation!' It's kind of like the frustration you feel after a much too long game of Monopoly, when one person has bought up everything and all the rest feel like losers!

In later chapters, we will explore more of the Mayan's 'roadmap' to eternity, what these things imply from a Dimensional perspective, the potential in our DNA for radical evolutionary change, a 'revised' history of humanity helping to explain how we got in this current state of genetic and social limitation, what to expect as events continue to unfold to their prescribed conclusion, and finally, practical steps you can take to help navigate these changes and come out smiling...from every cell in your body!

As the subtitle 'Bringing Sanity to a World Gone Crazy' implies, we are afloat in a sea of insanity. I do not mean this in a negative or judging way, or to imply that I am a little less insane because I think everything else is more so. I am simply acknowledging that the premises this world and how we have lived our lives here are built on a false foundation, that of our belief in separation. Adopting this belief was the 'fall' of humanity from a state of Oneness into dualistic, ego centered thinking. It is in our collective recovery from this insanity we will find our way home. By the way, 'insanity' is not a diagnostic term, it is a legal one. An insane person is determined to be not responsible for their actions; they are simply ill. "Forgive them

Father, for they know not what they do” could be translated, “Forgive them
Father, they are all insane here!”